

## CYC BURLEIGH – RISK ASSESSMENT AMAZING RACE

LOCATION: Tallebudgera Creek, Camp Drewe, Mottee Court Reserve - Hinze Dam, Lakeside Bush Retreat

RATIO: N/A

Likelihood	Consequence				
	1 – Insignificant	2 – Minor	3 – Moderate	4 – Major	5 – Critical
5 – Almost Certain	Medium	Medium	High	Extreme	Extreme
4 – Likely	Low	Medium	High	High	Extreme
3 – Possible	Low	Medium	High	High	High
2 – Unlikely	Low	Low	Medium	Medium	High
1 – Rare	Low	Low	Low	Low	Medium

Risk level			Action required
<input type="checkbox"/>	Low	Little chance of incident or injury	<ul style="list-style-type: none"> <li>Manage risk through regular planning process</li> </ul>
<input checked="" type="checkbox"/>	Medium	Some chance of an incident and injury requiring first aid	<ul style="list-style-type: none"> <li>Manage risk through regular planning process &amp; complete this form</li> <li>Parent/carer consent required for underage participants</li> </ul>
<input type="checkbox"/>	High	Likely chance of a significant injury requiring medical treatment	<ul style="list-style-type: none"> <li>Manage risk through regular planning process &amp; complete this form</li> <li>Parent/carer consent required for underage participants</li> <li>Principal or head of program approval is required prior to conducting the activity</li> </ul>
<input type="checkbox"/>	Extreme	High chance of a serious incident resulting in a highly debilitating injury	<ul style="list-style-type: none"> <li>Consider conducting an alternate activity or make modifications to the activity that could achieve comparable learning outcomes</li> <li>Manage risk through regular planning process &amp; complete this form</li> <li>Parent/carer consent required for underage participants</li> <li>Principal or head of program approval is required prior to conducting the activity</li> </ul>

## Supervision requirements

All CYC instructors/leaders/staff:

- will carry first aid kits
- have a current blue card/working with children check
- have been assessed and deemed competent in the respective activity
- have the following qualifications as a minimum:
  - HLTAID006 Provide advanced first aid
  - HLTAID001 Provide CPR
  - HLTAID007 Provide advanced resuscitation

Teachers are deemed competent to supervise this activity

## Equipment/facility requirements

- All CYC instructors/leaders carry mobile phone for communication
- Emergency vehicle access is available
- All equipment meets Australian standards (where applicable) and is in good working order

## Hazards

Environmental hazards	Control measure
<b>Animal bites/diseases</b> Stings, poisoning, infection	Observe wildlife from a safe distance. Instruct students not to feed wildlife and how to respond to approaching wildlife. Adhere to established practices regarding the use of insect repellent, outlined in <u><a href="#">insect viruses and allergies</a></u> .
<b>Environmental conditions</b> Weather, sun, humidity	CYC's sun safety policy must be followed. Assess weather and environmental conditions prior to participating outside. Brief all participants on the potential hazards (e.g., thorned flora, steep slopes). Constantly monitor surroundings for weather, terrain and wildlife hazards during the activity. Follow the <u><a href="#">managing excessive heat in schools guidelines</a></u> when participating in very hot or extreme heat conditions. Monitor participants for cold related illness (e.g., hypothermia) in cold weather conditions.

Facilities and equipment hazards	Control measure
Vehicles	When courses expose students to traffic and/or roads, ensure they have been instructed to be aware of vehicles and adhere to pedestrian road rules.
Student considerations	Control measure
Injury	Students aware of the location of emergency and first-aid equipment.
<b>Physical exertion</b> Exhaustion and fatigue	Establish rest stops, considering the age and fitness level of students. Ensure drink breaks occur regularly. Continually monitor participants for signs of fatigue and exhaustion. Adopt system of signals to clearly communicate the need for assistance if in difficulty.
<b>Student issues</b> Separation from the group, high risk behaviours	Conduct appropriate warm-up activities. Brief students on: <ul style="list-style-type: none"> <li>• basic first aid procedures for biological hazards they may encounter (e.g., ticks, leeches)</li> <li>• appropriate behaviours to help keep themselves safe during the activity, including procedures if they become lost or injured</li> <li>• appropriate toileting procedures for the duration of the event</li> <li>• relocation techniques</li> <li>• predetermined safety bearings (e.g., easily identifiable geographic feature) and how to use them</li> <li>• use of the emergency whistle</li> <li>• the set finishing time and the requirement to return at that time, whether they have completed the course</li> <li>• areas that are out of bounds.</li> </ul> Maintain contact between all group members through regular checks on group numbers. Implement procedures (e.g., buddy system, roll marking mechanisms) to account for all participants when participating off-site. Appoint designated group roles (e.g., leader, group member, tail end). Implement procedures (e.g., buddy system, roll marking mechanisms) to account for all participants.

<b>Visibility</b>	<p>Have students wear easily identifiable clothing (e.g., high visibility rash vest).</p> <p>Ensure staff can easily recognise those students with health support needs and are familiar with their needs.</p>
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## Further control measures

- CYC will make every effort to ensure all participants are included in the lesson. However, it is the responsibility of the participant themselves and/or their teacher/care giver, to decide whether the activity is suitable for the participant in question, taking into consideration the terrain, equipment provided, physical ability of the participant and any other factors that may impact the participant's ability to participate.
- It is the school's responsibility to ensure a supervising teacher/adult remains with any student in need of individual support, at all times.
- Check activity location on the day of the event for unexpected hazards.

*When considering 'further controls' start at the top of the following 'hierarchy of control'- the higher on this list the more reliable the control:*

- Eliminate – some activities may need to be eliminated if the risks can't be controlled e.g. swimming in a dangerous rock pool
- Substitute - lower risk activity with same outcome e.g. swimming at a patrolled beach between the flags
- Redesign - change or reorder activities e.g. swimming activity changed to a cooler time of day to avoid peak sun exposure
- Isolate – provide clear instructions to participants at the start of an activity e.g. set boundaries to keep participants out of problem areas
- Admin controls – plan & coordinate each action of an activity e.g. clear rules & expectations for activity, supervision roster
- Personal protective equipment – last option that should be considered but, in some cases, the only practical control e.g. approved helmet for horse riding

## Review

*This workplace health and safety risk assessment is to be reviewed when:*

- *Review date is reached*
- *An incident where staff or students are injured*
- *Any staff member considers the level of risk has become unreasonable*
- *Circumstances change significantly*
- *There is new information that may influence the risk assessment*

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