

CYC BURLEIGH – RISK ASSESSMENT

INDOOR SPORTS

LOCATION: Various indoor sport centres

RATIO: N/A

Likelihood	Consequence				
	1 – Insignificant	2 – Minor	3 – Moderate	4 – Major	5 – Critical
5 – Almost Certain	Medium	Medium	High	Extreme	Extreme
4 – Likely	Low	Medium	High	High	Extreme
3 – Possible	Low	Medium	High	High	High
2 – Unlikely	Low	Low	Medium	Medium	High
1 – Rare	Low	Low	Low	Low	Medium

Risk level			Action required
<input type="checkbox"/>	Low	Little chance of incident or injury	<ul style="list-style-type: none"> Manage risk through regular planning process
<input checked="" type="checkbox"/>	Medium	Some chance of an incident and injury requiring first aid	<ul style="list-style-type: none"> Manage risk through regular planning process & complete this form Parent/carer consent required for underage participants
<input type="checkbox"/>	High	Likely chance of a significant injury requiring medical treatment	<ul style="list-style-type: none"> Manage risk through regular planning process & complete this form Parent/carer consent required for underage participants Principal or head of program approval is required prior to conducting the activity
<input type="checkbox"/>	Extreme	High chance of a serious incident resulting in a highly debilitating injury	<ul style="list-style-type: none"> Consider conducting an alternate activity or make modifications to the activity that could achieve comparable learning outcomes Manage risk through regular planning process & complete this form Parent/carer consent required for underage participants Principal or head of program approval is required prior to conducting the activity

Supervision requirements

All CYC instructors/leaders/staff:

- will carry first aid kits
- have a current blue card/working with children check
- have been assessed and deemed competent in the respective activity
- have the following qualifications as a minimum:
 - HLTAID006 Provide advanced first aid
 - HLTAID001 Provide CPR
 - HLTAID007 Provide advanced resuscitation

Teachers are deemed competent to supervise this activity

Equipment/facility requirements

- All CYC instructors/leaders carry mobile phone for communication
- Emergency vehicle access is available
- All equipment meets Australian standards (where applicable) and is in good working order

Hazards

Environmental hazards	Control measure
Biological material Body fluids (e.g., blood, saliva, sweat)	Manage bodily substances (e.g., blood) and open wounds before, during and after the activity. Follow appropriate cleaning and hygiene management practices when using shared equipment
Environmental conditions Weather, sun, humidity	Follow the managing excessive heat in schools guidelines when participating in very hot or extreme heat conditions. Ensure drink breaks occur regularly. Make water available for individual participants between drink breaks. Dry equipment (including mats) if conditions cause dampness.

Facilities and equipment hazards	Control measure
Boundary clearance	Establish a safety zone around the participation area. If this cannot be achieved, consider ways of reducing risks (e.g., stationing competent spotters near any obstacle, padding the obstacles).
Faulty or dangerous equipment	<p>Use markers made from non-injurious material (e.g., foam).</p> <p>Check equipment for damage (e.g., loose connections, mats with loss of resilience), dangerous parts (e.g., skipping rope handles) and stability before and during the activity.</p> <p>Clean and store all equipment safely and securely when not in use.</p> <p>Secure safety pads to hazardous equipment (e.g., mini trampolines).</p>
Playing surface	<p>Cover/fill playing surface hazards (e.g., post hole sleeves) to be level with the surrounds.</p> <p>Clear the playing surface from loose items, debris, or moisture. Do not participate on a slippery and/or damp surface.</p> <p>Provide sufficient matting appropriate to the activity, considering falls in any direction.</p> <p>If using several mats to form a single surface, ensure they are secured together. Reposition immediately if disturbed.</p> <p>Remove all objects from underneath the trampoline bed and instruct students to bounce in the centre.</p> <p>Wear socks when trampolining to prevent significant toenail injury.</p>
Fast moving objects	<p>Use a soft (e.g., sponge) ball for inexperience participants.</p> <p>If using hard balls:</p> <ul style="list-style-type: none"> • ensure throwers are at least 5 metres apart during group instruction • use personal protective equipment e.g., face masks, gloves, helmets • position left and right-handed participants to ensure maximum player visibility.

Student considerations	Control measure
Manual handling Lifting and carrying equipment	Use correct manual handling processes when lifting, lowering, pushing, pulling, or carrying equipment. Closely monitor participants when moving equipment or apparatus.
Physical exertion Exhaustion and fatigue	Conduct warm-up/cool-down activities. Match equipment to the size, ability, and strength of students. Continually monitor participants for signs of fatigue and exhaustion.
Sharp Objects	Remove accessories (e.g., jewellery, lanyards) before participating. Ensure fingernails and hair and clothing (e.g., pockets) do not interfere with the activity.
Student issues	Use spotters when necessary. Spotters are not to be substituted for inappropriate skill development nor inadequate equipment (matting). Allow only 1 participant on trampolines at any time. Remove accessories (e.g., jewellery, lanyards) before participating. Ensure fingernails, hair and clothing (e.g., pockets) do not interfere with the activity.

Further control measures

- CYC will make every effort to ensure all participants are included in the lesson. However, it is the responsibility of the participant themselves and/or their teacher/care giver, to decide whether the activity is suitable for the participant in question, taking into consideration the terrain, equipment provided, physical ability of the participant and any other factors that may impact the participant's ability to participate.
- It is the school's responsibility to ensure a supervising teacher/adult remains with any student in need of individual support, at all times.
- Check activity location on the day of the event for unexpected hazards.

When considering 'further controls' start at the top of the following 'hierarchy of control'- the higher on this list the more reliable the control:

- Eliminate – some activities may need to be eliminated if the risks can't be controlled e.g., swimming in a dangerous rock pool
- Substitute - lower risk activity with same outcome e.g., swimming at a patrolled beach between the flags
- Redesign - change or reorder activities e.g., swimming activity changed to a cooler time of day to avoid peak sun exposure
- Isolate – provide clear instructions to participants at the start of an activity e.g., set boundaries to keep participants out of problem areas
- Admin controls – plan & coordinate each action of an activity e.g., clear rules & expectations for activity, supervision roster
- Personal protective equipment – last option that should be considered but, in some cases, the only practical control e.g., approved helmet for horse riding

Review

This workplace health and safety risk assessment is to be reviewed when:

- *Review date is reached*
- *An incident where staff or students are injured*
- *Any staff member considers the level of risk has become unreasonable*
- *Circumstances change significantly*
- *There is new information that may influence the risk assessment*

Date created	April 2015
Date modified	February 2024
Review date	February 2025